



Pep Up: Track Your Health and Earn Rewards

Pep Up is a healthcare platform designed to help you maintain and improve your "health age." It consolidates your health information, visualizes your condition, and supports your health activities.

Walk at Your Own Pace with a Shiba Inu 'Friend Walk'



Walk over 5,000 steps a day, and Shiba Inu will find a shovel! Dig with the shovel to earn Pep Points.

Know Your Body Age 'Health Age'



Health age reflects your health status, indicating the age that corresponds to your condition based on health checkup and medical exam results.

Reward Points for Health Building 'Health Challenge'



Join our event to earn Pep Points as you walk and improve your lifestyle habits.

Learn and Earn Points in Your Spare Time 'Health Articles'



Read and rate health articles to earn points. The popular series 'Metabo Senryu' is also currently running and receiving high praise!



PepUp.

App You Should Try!

Download the app here.



Redeem points for the products you love!



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Packed with Features to Support Your Health Journey

- *Check Your Health Examination Results
- *Medication Notebook *Daily Records *Healthy Recipes etc.

「AXA Week for Good Charity Walk Event」 Participation Instructions

You can join from any of the options below.

- ① Join from the 'Health Challenge' ('健康チャレンジ')
- ② Participate via 'Join ▶' (参加する ▶) in the Pep Up
- ③ Join from the AXA HIA Notification: 【AXA】2026 Walking Event'

If you are not registered, click the banner on the right and enter your company email (~@axa.co.jp) to receive registration instructions.

健康ポータルサイト Pep Upの登録方法はこちら